

Summer Backpacking Gear Checklist

General Backpacking Gear

- Backpack
- Rain Cover for Pack
- Trekking Poles
- Tent
- Sleeping Bag
- Sleeping Pad

Clothing

- (2) Synthetic Shirts or Tanks
- Comfortable & Quick Drying Pants or
- Shorts
- Extra Layer
- Synthetic Underwear
- Light Colored, Long Sleeve T-Shirt
- Baseball Hat
- Sunglasses
- Rain Jacket
- Warm sleep clothes

Footwear

- Trail Runners or Hiking Boots
- Sandals, Crocs, or Flip Flops
- (2) Wool Hiking Socks
- Camp Socks

Navigation

- Paper Map, Print Off of Route, or
- Downloaded App

Food & Hydration

- (2) Waterbottles
- Water Filter
- Coffee
- Lunches
- Dinners
- Snacks
- Camp Stove
- Lighter
- Fuel for Stove
- Spork
- Pot
- Extra Food
- Bear Bagging Kit or Bear Canister

First Aid

- Band-aids
- Ace Bandage
- Mole Skin
- Nail Clippers
- Tweezers
- Medicine
- Alcohol Wipes
- Wilderness First Aid Knowledge

Hygiene

- Backpacking Toothbrush
- Travel Sized Tooth Paste
- Camp Towel
- Trash bag
- Toilet Paper
- Camp Trowel

Misc

- Stuff Sacks
- Bear Spray
- Pocket Knife
- Camera
- ID Card
- Cash
- External Charger
- Headlamp
- Two Itineraries

